

2021 International Survivors of Suicide Loss Day Programs

↳ NOVEMBER 17TH-20TH, 2021

Show up for your fellow Black Bears at one of our community programs!

Remembrance Dinner + Dialogue -Wednesday, 11/17 @6pm at the Wilson Center

Join us for a filling vegetarian dinner followed up with a rich discussion about how we remember those we've lost facilitated by the Interfaith Group!

Community Dialogue- Friday, 11/19 @2pm in the Bumps Room, Memorial Union

This event focuses on the barriers and pathways to cultivating hope, healing, and resilience in the UMaine community through interactive activities and reflective discussion.

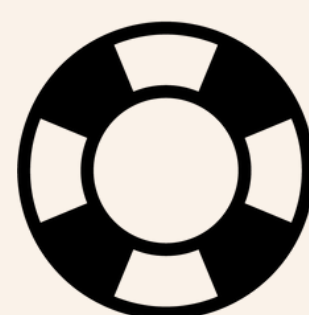
Solidarity Vigil- Friday, 11/19 @7pm in the Steam plant lot

We invite all Black Bears and members of the local community to join us for a socially distanced vigil to express our solidarity with those who have lost loved ones to suicide, and those who struggle with suicidal ideation.

Survivors of Suicide Loss Discussion- Saturday, 11/20 @10am at the Wilson Center

International Survivors of Suicide Loss Day is an event in which survivors of suicide loss come together to find connection, understanding, and hope through their shared experience. To register go to bit.ly/UMISOSL21 or scan the QR code below!

Email dominique.dispirito@maine.edu for more information!



**American
Foundation
for Suicide
Prevention**



SCAN ME