

HIP HEALTHY ISLAND PROJECT

presents...

"Cooking for Crowds" Workshop

Thursday, February 13 Snow Date 3/12

9 am- 12 pm OR 1:30 pm- 4:30 pm

at Deer Isle Congregational Church



Do you ever cook for large groups?

Do you cook for your church, a community group or fundraisers?

Learn how to cook food safely!

Led by Laurie Bowen of the UMaine Extension, this 3 hour workshop on Safe Food Handling is designed specifically for Volunteers to learn how to cook safely for large crowds.

Participants receive *Cooking for Crowds*, a manual specifically designed for volunteer cooks, a certificate, posters and an Instant Read Thermometer.

Donation: \$20 with lunch
\$15 w/o lunch

To register or questions contact:
healthyislandproject@gmail.com

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